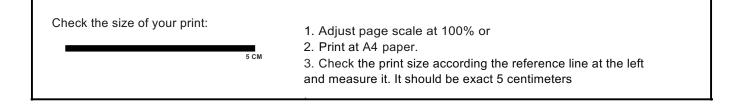


## **Determine your ring size**

Important: follow the instructions beneath



## METHOD 1 – Use an existing ring of yours

- 1. Choose a ring that fits well on the ring finger\*.
- 2. Place the ring on the circles at the bottom of this paper.
- 3. The inside of the ring should match the outside of a circle.
- 4. If the ring falls between two sizes, choose the larger size.



## METHODE 2 – Make a paper ringsizer by yourself

Cut out the figure below and make an incision at the indicated place.

- 1. Wrap the ringizer 1x around the desired finger\* with the numbers out.
- 2. Slide the tip through the incision.
- 3. Slide the ringsizer to the thickest point on the finger, usually the knuckle.
- 4. Carefully tighten the ring sizer. The sizer may fit closely.
- 5. The number to be read corresponds to the ring size for this finger.

